

**Mastering Conflict Management and Resolution** 

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# **Mastering Conflict Management and Resolution**

# 5 days training course dates

For detailed information on training course dates, please visit:

**Mastering Conflict Management and Resolution.** 



## **Course Overview**

This course is designed to provide professionals with the skills and strategies necessary to handle conflict effectively within organizations. Participants will learn how to mediate disputes, facilitate resolution, and turn conflicts into opportunities for innovation and change.

# **Objectives:**

- Understand the causes and lifecycle of conflict.
- Develop communication skills for conflict resolution.
- Learn negotiation and mediation techniques.
- Build a culture of resolution within the organization.

## Who Should Attend?

Managers, team leaders, HR professionals, and anyone responsible for managing teams or dealing with workplace conflicts.



# **Course Outline:**

## Day 1: Conflict and Context: Why Disputes Are Needed

- Defining conflict and its role in innovation and change
- Common sources of conflict in organizations
- The conflict lifecycle
- Leader as mediator and diplomat

## Day 2: Communication and Leadership: The Personal Dimension

- Personal influence and persuasion
- Leading across teams
- Advanced communication skills
- Emotional intelligence in conflict situations

#### Day 3: Problem Solving and Negotiation: Getting to Yes

- Classic theories of negotiation
- Listening, questioning, and finding real problems
- Mediation, arbitration, and litigation

# **Day 4: Conflict Resolution Principles**

- Acknowledging and taking control of conflict
- Resolution frameworks and difficult conversations
- Building a culture of resolution

#### Day 5: Conflict Resolution Tools and Professional Development

- Handling failed resolutions and escalation options
- Using conflict management tools daily
- Developing a personal conflict resolution plan



#### **DOCUMENTATION**

The **MTC team** has meticulously prepared **high-quality training materials** for distribution to all delegates.

## **CERTIFICATES**

An **accredited Certificate of Completion** will be awarded to participants who successfully attend and complete the program.

#### **SCHEDULE**

Course sessions are scheduled as follows:

Morning Session: 09:00 AM – 1:00 PM
Afternoon Session: 01:00 PM – 05:00 PM

#### **REGISTRATION & PAYMENT**

To register, please complete the **registration form** available on the course page and submit it with your **preferred payment method**. Alternatively, you can contact us via **email or WhatsApp** for assistance.

#### **TRAVEL & TRANSPORT**

We ensure a **seamless travel experience** by providing **airport-hotel-airport** transfers for all participants.